

From the Desk of Jessica Rowe, M.S., Psy.D. drjessmindcarecenter.com

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**December 1st, 2020**

To Whom It May Concern:

I am familiar with Mikhail Terentev’s functional limitations imposed by the patient’s mental-related struggles with anxiety symptoms. The patient’s disability is recognized by the Diagnostic and Statistical Manual of Mental Disorders Fifth Edition (DSM-V) and Fair Housing Act 49 U.S.C 41705 and Air Carrier Access Act (14 C.F.R 382). This means that one *cannot discriminate* against the patient, nor the patient’s ESA for obtaining housing and/or travel.

To help alleviate the symptoms of the disorder(s), I have prescribed the patient an emotional support animal. The emotional support animal is necessary to help treat the patient’s conditions. The emotional support animal helps reduce the patient’s mental distress, improves mood, reduces worry, decreases physiological symptoms of anxiety, diverts panic symptoms, and improves feeling of connection. The animal’s companionship is considered necessary for the patient’s quality of life and improving the

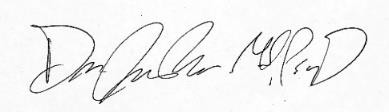
patient’s conditions.

The patient requires the pet to live on the premises with the patient and accompany the patient when traveling. The patient will need the pet to travel as a psychiatric service animal for air travel and/or for activity of the patient’s destination to help the calm the patient. The animal provides the patient with the opportunity to use and enjoy the living community where the patient resides, for air travel and/or for activity at the patient’s destination of travel. This prescription expires on 12/01/21 and must be renewed by then.

Animal Therapy has been approved or cited as an appropriate treatment for the patient’s conditions in the following document: J Clin Psychol. 2017 Jul;73(7):761-784. doi: 10.1002/jclp.22410. Epub 2016 Nov 3., US National Library of Medicine National Institutes of Health.

Do not hesitate to contact the said psychologist should you require any additional information. You can also find the psychologist at this link through Psychology Today. <https://www.psychologytoday.com/us/therapists/dr-jess-mind-care-center-folsom-ca/454615>

Sincerely,



Emotional Support Animal Name**: Chloe Angelica;** Breed/type of Emotional Support Animal: **Siberian Husky;** Emotional Support Animal Color; **black, white;** Emotional Support Animal Age**: up to 3 years**; Spayed/ Neutered: **yes;** Weight**: 10+ lbs;** Sex of Emotional Support Animal: **female -- Note: The said psychologist is not ever responsible for poor and/or aggressive behavior by the ESA toward others, nor injury to anyone.**